

**VCC, Conejo
Valley
District**

Conejo Courier

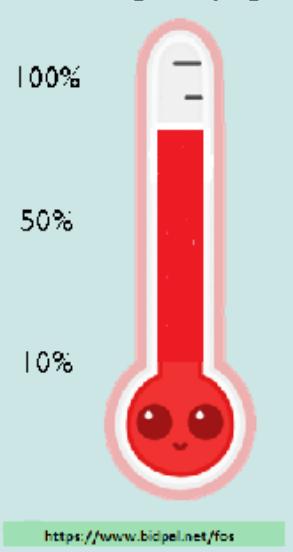
Volume 1, Issue 7

July, 2017

INSIDE THIS ISSUE:

Key 3	1
Heat-It's a Killer	1
New Eagles	2
Service Hours	2
Have you Heard?	2

**Friends Of Scouting
Fundraising Campaign**



Notables!!!

- HEAT!
- 90 DAYS for BOR
- Boy Scout Service Opportunities
- Special Events

Key 3 (Rod Lang—Conejo Valley District Commissioner)

Temperatures are Rising!

"Summer's here and the living is easy" or so the song tells us. School is out and the great American tradition of the family summer vacation is about to kick-in. Whether it's a road trip across the country or a local bike ride down to the beach, it's time for all of us to unwind a wee-bit, crank-up the Beach Boys and release our "inner kid" for some much needed R&R.

Summer is also the time for units to be looking ahead to summer camp and high adventure activities. While all the

great "outing" in Scouting is going on, unit leaders need to start focusing their thoughts on what happens in a few weeks when summer is over.

Set the stage for recruitment activities in the fall when school starts. New recruitment material is available at Council. Cub Pack - time to gather in those new Lions! Take advantage of District and Council resources to help in recruiting.

Start assessing your unit's progress towards Journey to Excel-

lence as part of the fall recharter process.

If your unit has not already started to do so, review and build your unit's 2017-2018 calendar of activities. An active calendar is a great recruiting tool.

Youth Protection Training (YPT) should be up to date for all adult volunteers. Unit leadership should have their current position training to more effectively serve their units. We have a District Training Committee to put on position training as needed. Also check the Council website calendar for training in the other 3 districts in our Council.

Friends of Scouting Update

We are making great progress toward our commitment in Supporting our Council, but still have some distance to go. Talk to your businesses and get a matching donation:

- Community 47.3%
- Family 78.7%
- LDS 77.1%
- Scouter 57.0%
- Total 71%



Cubscouts Enjoying Creepy, Crawly, Bug Harvesting at Conejo Valley Day Camp

HEAT! It's a Killer!

This last week, the body of Newbury Park resident, Clyde Miller was found in the Santa Monica Mountains. Clyde was hiking on a particularly hot day. We love to hike these trails for our long term backpacking training hikes, or to enjoy spectacular views. However, when the temperatures reach into triple digits (100+), taking precautions can make the difference between life and death. When hiking in extreme heat, your body

exhausts more water to stay cool (sweat). As an older boy or adult, drinking upward of a quart an hour in these conditions maintains adequate hydration. Electrolyte additives, like Gatorade will replenish important minerals lost while exercising. Stay in the shade as much as possible to minimize the effects from both the sun's radiation, and the enormous heat on your body, allowing you to cool down

more easily. Lastly, light colored clothes and hats that have breathing capability will allow evaporation and efficient cooling without absorbing heat from the sun.

Keeping safety in mind on all your outdoor activities, including personal thermal management will result in a more pleasant time for you and your Scout family.

Scout Store Hours
Weekdays 9am-5pm,
Wednesday 9am-6pm
Sat 10am-3pm
Closed Sunday

Council Service Center and Scout Store
509 East Daily Drive
Camarillo, CA. 93010

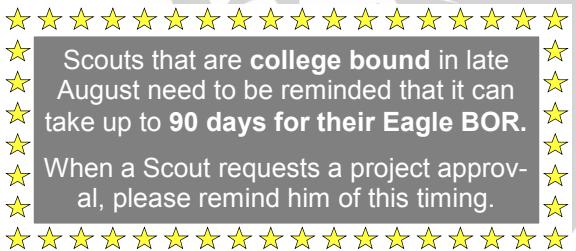
Phone: 805-482-8939
Fax: 805-484-9172

E-mail: info@conejosscouts.org

**TWITTER:
@CONEJOSSCOUTS**

Instagram: Conejoscouts

We're on the Web!
Conejoscouts.org



HAVE YOU HEARD?

TRAINING OPPORTUNITIES!!

Ventura County Council has Training Opportunities Coming up in June. [Sign up now!](#)

- Baloo Training- September 9, 2017—CV District
 - Leaders, Webelos Leader– Oct. 14, 2017



**BOY SCOUT GOLF CLASSIC
MONDAY, AUGUST 21, 2017
SPANISH HILLS COUNTRY CLUB**

Sponsorship Opportunities



ATTENTION ALL BOY SCOUTS

Congressional Valley Park and Recreation Needs Your Help!

Promote your Troop and Help Recruit!

Earn SERVICE HOURS

Family Outdoor Movie Night

July 14, 2017

Dos Vientos Park, N.P.

Contact andrea.mcclellan@scouting.org

Thank you goes to our Eagle Board and Advancement Committee. June-continued with 4 Scouts receiving the rank of Eagle and bringing our district to a YTD of 20.

Congratulations to:

*Andrew Little- 753
Camden Park-Coburn- 711
Timothy Eschenberg- 6777
Davis Brown- 2766*

SPECIAL EVENTS...Besides the great events that your unit produces, there are so many more ways to be involved in our district and Ventura County Council.

- August 21, 2017– Boy Scout Golf Classic
 - Labor Day Weekend– Family Camp @ 3 falls
 - October 6, 2017– Shootout for Scouting
 - October 21st– Cub Scout Shooting Sports Day
 - November 28, 2017– District Dinner